



Bereavement Services



☞ Grief Healing Support Group

You don't have to grieve alone. This group meets at 7:00 p.m. every Tuesday evening in the Conference Room at 888 Terrace Street in Muskegon.



☞ S.O.L.O. Support Group

Life as a widow or widower has its own unique challenges.

Spouses **O**vercoming **L**oss through **O**ngoing Support meets at 6:00 p.m. on the 1st and 3rd Thursdays of each month in the Conference Room at Mercy VNS & Hospice Services, 888 Terrace Street, Muskegon.



☞ Journeys Support Group

You are not alone in dealing with life's other losses. Journeys group meets at 6:00 p.m. on the 2nd and 4th Thursdays in the Conference Room at Mercy VNS & Hospice Services, 888 Terrace Street, Muskegon.



☞ Grief Recovery Group

This 10 week intensive is designed to help work through any life loss, including but not limited to: death, divorce, health, relationships, pet(s), faith, finance, etc. Please call the Bereavement Coordinator for more information.



☞ Grief Counseling

Sometimes extra help is needed. We offer individual and family grief counseling by trained professionals designed to help work through grief peacefully and at a pace that helps manage life better. Grief counseling is available in-home or at the Mercy VNS Hospice office.



☞ Bereavement Services

We provide help and support for up to 13 months following a death loss, through letters and newsletters, follow-up phone calls, individual and family counseling, and support groups. Bereavement services are provided free of charge to hospice families, as well as members of the community.



MERCY VNS & HOSPICE SERVICES

888 Terrace Street • Muskegon, MI 49440
231-672-HOME (4663) • 800-499-5025
Exceptional People • Exceptional Care